

The new Michael Phelps Swim School

P.O. Box 10496
5700 Cottonworth Ave.
Baltimore, Maryland 21209

Same Great Lessons @ MEADOWBROOK

www.mpswimschool.com

410-433-8300
410-433-0953 Fax

Session 3 January 11 - February 20, 2010

Get Wet

Monday: 10:00am, 10:30am
Tuesday: 10:00am, 6:00pm
Wednesday: 9:30am, 11:00am, 6:30pm
Thursday: 9:30am, 10:00am
Friday: 11:00am, 11:30am
Saturday: 8:30am, 10:00am

Beginner I

Monday: 11:00am, 1:30pm, 2:00pm, 3:30pm, 4:30pm, 5:00pm, 5:30pm
Tuesday: 11:00am, 1:00pm, 1:30pm, 2:00pm, 2:30pm, 3:30pm, 4:30pm, 5:30pm
Wednesday: 10:30am, 1:30pm, 2:00pm, 3:00pm, 4:30pm, 5:00pm, 6:00pm
Thursday: 11:00am, 1:30pm, 2:30pm, 3:30pm, 4:00pm, 4:30pm, 5:00pm
Friday: 10:30am, 2:30pm
Saturday: 9:00am, 9:30am, 10:30am, 11:00am, 11:30am

Advanced Beginner I

Monday: 1:30pm, 3:30pm, 4:00pm, 4:30pm
Tuesday: 2:00pm, 5:00pm
Wednesday: 1:30pm, 4:00pm, 5:30pm, 6:00pm
Thursday: 2:30pm, 3:30pm, 4:00pm, 5:00pm, 5:30pm
Friday: 3:00pm
Saturday: 10:00am, 11:30am

Pre Beginner I

Monday: 11:00am, 1:00pm, 4:00pm, 5:30pm, 6:00pm
Tuesday: 9:30am, 11:00am, 11:30am, 1:00pm, 2:30pm, 3:30pm, 4:30pm, 5:30pm
Wednesday: 10:00am, 2:00pm, 2:30pm, 3:00pm, 3:30pm, 4:30pm, 6:00pm
Thursday: 10:30am, 11:00am, 1:00pm, 3:00pm, 4:00pm, 5:00pm, 6:00pm
Friday: 10:00am, 1:30pm, 2:30pm
Saturday: 9:00am, 10:30am, 11:00am, 11:30am

Beginner II

Monday: 4:00pm, 5:30pm
Tuesday: 6:30pm
Wednesday: 3:30pm, 4:30pm, 5:30pm
Thursday: 4:30pm, 5:30pm
Saturday: 9:30am, 11:00am, 11:30am, Noon, 12:30pm

Advanced Beginner II

Monday: 5:00pm, 6:00pm
Tuesday: 4:00pm, 6:00pm
Wednesday: 4:00pm, 4:30pm
Thursday: 4:30pm
Saturday: 9:30am, 10:30am

Intermediate

Monday: 5:00pm, 6:00pm
Tuesday: 4:00pm, 5:30pm
Wednesday: 4:00pm, 6:30pm
Thursday: 4:00pm, 4:30pm, 6:00pm
Saturday: 9:00am, 11:00am

Pre Beginner II

Monday: 4:00pm, 5:00pm
Tuesday: 6:30pm
Wednesday: 5:00pm
Thursday: 5:30pm
Saturday: Noon

Keep swimming



Have Fun !!!!!!!

Special Reminder

We feel that children should make every effort to attend the class in which they are enrolled. Make ups will not be available.

Please use the registration form for classes, private and semi private lessons. Please indicate if you want a private or semi private lesson and give suggested times and days. We will call to finalize private and semi private schedules.

GROUP LESSONS – \$72 PER PERSON PER SIX WEEK SESSION (30 min. lessons)

SEMI PRIVATE LESSONS - SIX HALF HOUR LESSONS \$111 PER PERSON

PRIVATE LESSONS – SIX HALF HOUR LESSONS \$162

Our group lessons are for children — Our private and semi – private lessons are for children and adults

Open registration by mail, fax or walk in begins Dec 7th *** Telephone registration begins Dec 14th, 2009**

MICHAEL PHELPS SWIM SCHOOL REGISTRATION FORM

2009 - 2010

Session 3

January 11 - February 20, 2010

Swimmers Name: _____ Birth Date _____ Age _____

Parent(s) Name: _____ Home Phone _____

Address: _____ Alt. Phone: _____

City: _____ State: _____ Zip: _____ email _____

MASTERCARD / VISA _____ Exp. Date: _____

Class _____ 1st Choice Day _____ Time _____

Amount Chk. Chg. Cash _____ 2nd Choice Day _____ Time _____

PLEASE MAKE CHECKS PAYABLE TO Michael Phelps Swim School Referred by _____

Three ways to register

By Mail: P.O. Box 10496 Baltimore Md. 21209
Walk in registration at Meadowbrook: 5700 Cottonworth Ave. Baltimore, Md 21209
OPEN REGISTRATION.....Mail, Fax, and Walk in registration begins December 7, 2009
Telephone registration begins December 15, 2009

Michael Phelps Swim School

2009—2010

Session 1	Sept 14 - Oct 24, 2009
Session 2	Nov 2 - Dec 19, 2009 No classes Nov 23 - 28
Session 3	Jan 11 - Feb 20, 2010
Session 4	March 1 - Apr 10, 2010
Session 5	Apr 19 - May 29, 2010

***Lifeguarding, Lifeguard Training, and
WSI will be taught throughout the year***

MEADOWBROOK
410-433-8300
www.mbrook.com
www.mpswimschool.com

Swim School Policies

- Classes are 30 minutes in length. Classes are limited to 6 students except Get Wet classes.
- **To ensure safe, quality lessons, parents are asked to stay off the pool deck.**
- We reserve the right to cancel any class with insufficient enrollment.
- Classes are filled on a first come (with payment)—firsts serve basis.
- **Payment must be received in order to reserve a place in class.**
- Children do best when they consistently attend the same class. Please try to attend the scheduled class. No make ups for group lessons . Private and SemiPrivate lessons may be made up at the discretion of the director
- Semi Private Lessons: To schedule please find a compatible swimmer(s). We will treat the lesson as a unit.
- For our scheduling purposes we ask for two class choices. We will call you if we cannot accommodate your first choice. **We will NOT call if we can accommodate your first choice.**
- A \$15 fee will be charged for students canceling 7 days or less prior to the starting date of each session. No refunds will be offered after the session has begun nor can students transfer to another session.
- A \$25 fee will be charged for returned checks.

MEADOWBROOK
410-433- 8300
410-433-0953 FAX
www.mbrook.com www.mpswimschool.com

CLASS DESCRIPTIONS

GET WET: Parent and Child—very individualized instruction. 6 mos.—3 yrs.

PREBEGINNER: Introduction to basic water skills. PreBeginner 1: 3-4yr olds PreBeginner 2: 5 years and older

BEGINNER: Very comfortable in the water. Must be able to completely submerge without hesitation

Beginner 1 : 3—6 year olds Beginner 2 : 6 years and older

ADVANCED BEGINNER: Can swim unaided and able to demonstrate rotary breathing. Comfortable in deep water.

Advanced Beginner 1 : 4—6 year olds Advanced Beginner 2 : 7 years and older

INTERMEDIATE: Can swim at least 25 yards unaided. Able to demonstrate good rotary breathing with freestyle. Able to demonstrate a competent backstroke. 6 years and older

North Baltimore Aquatic Club

Competitive Swim Team: NBAC is a multi-tiered swim team that allows swimmers to reach their full potential. The team ranges from the introductory level through the National and International levels.

Contact Tom Yetter or Cathy Lears Bennett (410-433-8300) for more information

www.nbac.net